

## Chemo Babushka (1/2 yard makes 2)

1. Press 1/4 inch to the wrong side on each edge.
2. Press a second 1/4 inch along both sides of the long V and stitch edges of the long V only.
3. Cut 1 piece of quilting fiberfill 3 1/2 x 16 inches and center it on bottom of band. (Optional: Spray fabric with adhesive spray first). Fold it up and stitch it in place. (Four rows of stitching is nice.)
4. Fold in each side edge 1/2 - 3/4 inches and stitch along edge.
5. Fold point of babushka 1 3/4 inches and stitch across approximately 1 inch from the fold.
6. Cut a piece of 1/4-inch elastic 8 inches long. Thread it through one side of the babushka, stitching it in place by the front edge fold. Then put it through the back point and then through the other side and stitch it down, pulling out 1 1/2 inch so that 6" remains. Cut off the extra elastic.

